

Safemade Sundaes

Safemade sundaes are so easy to make and are a great way to give your dog a special treat— and keep them occupied! All it takes are 4 easy steps:

1. Start with 1/3 cup of plain yoghurt (low or non-fat)
2. Choose a flavour by adding one of the following:
 - 1 small (4 oz.) jar of baby food (great flavours to try are carrot, banana, or any meat variety)
 - 1/2 cup mashed banana
 - 1/2 cup crushed pineapple
 - 1/4 cup peanut butter (smooth or chunky)
3. Add a mix-in! Try 1/4 cup of the following options:
 - Shredded or diced carrots
 - Peanuts
 - Kibble
 - Crushed biscuits
4. Fill your safemade toy and freeze. This recipe will make enough filling for a large size toy— if you have a smaller toy, you can refrigerate any leftover sundae to use later for up to 5 days.